

MARIANNE METZNER, MS, MA, Licensed Professional Counselor

3407 W. Slaughter Lane, Suite A, Austin TX, 78748

Phone: (512) 288-3444, Fax: (512) 851-2226, email: MMetzner@StarkTalent.com

CLIENT and THERAPIST CONTRACT

I appreciate your decision to engage in psychotherapy with me. I look forward to getting to know you and our working together on your goals. Building a therapeutic relationship is a key component in our work together and I have therefore addressed some aspects of how we will work together.

THERAPIST'S RESPONSIBILITIES:

Within our first few sessions we will explore the issues and challenges that bring you to therapy and discuss what approaches we will take to assist you in reaching your goals. However, if I feel that my services are not appropriate for you, I will discuss this with you and refer you to a more appropriate provider.

I endeavor to:

- Create a supportive and safe environment for you.
- Challenge you to try new ways of thinking, behaving, and feeling.
- Encourage honest feedback from you about our work together.

CLIENT'S RESPONSIBILITIES:

I ask that you:

- Strive to be open and honest about your thoughts, behaviors, and emotions.
- Work between sessions on what we have done in our session – your “lifework”.
- Give me honest feedback about my work with you.
- Keep your appointments and arrive on time.

CLIENT'S RIGHTS

The law protects the confidentiality of all communication between a client and therapist with certain exceptions. These exceptions are explained in the HIPAA NOTICE OF PRIVACY PRACTICES which you have read, signed, and been given a copy of.

FEES:

- Individual counseling sessions of 50 minutes are \$90 per session.
- If you are using your medical insurance, your co-payment is due at time of session.
- Payment is accepted as cash, check.

CANCELLED/MISSED APPOINTMENTS:

If you are unable to keep an appointment, please call to cancel or reschedule at least 24 hours in advance. This time is set aside just for you. If unable to give such advance notice, you will be billed in full for session missed. Please note that insurance will not pay for missed appointments.

EMERGENCY PROCEDURES:

If you need to contact me, kindly leave a message at 512-288-3444. I will return your call as quickly as possible. If an emergency situation arises, state that your call is an emergency. The following referrals are for *emergencies and situations that need immediate attention*:

- 911 for emergency assistance
- Hotline to Help (available 24 hours) – 472-4357
- Seton Shoal Creek Psychiatric Information – 324-2000
- Psychiatric Emergency Services (PES) - 472-8996
- Nearest hospital emergency room

CLIENT and THERAPIST CONTRACT

I understand and agree to all that is contained in the Client and Therapist Contract.

Client Name - printed

Date

Client Signature

Date

Parent/Guardian Signature

Date

Marianne Metzner, LPC

Date